



# THE SCHOOL OF EMOTIONALLY HEALTHY LEADERSHIP AOTEAROA

EMOTIONALLY HEALTHY RELATIONSHIPS FOR LEADERS

JULY-SEPT 2024

## Syllabus

### BEFORE THE COURSE

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1

PURCHASE THE FOLLOWING REQUIRED TEXTS FROM YOUR PREFERRED RETAILER:

**EMOTIONALLY HEALTHY DISCIPLESHIP**

BY PETER SCAZZERO

**EMOTIONALLY HEALTHY RELATIONSHIPS COURSE  
WORKBOOK** (EXPANDED EDITION)

BY PETER & GERI SCAZZERO

**EMOTIONALLY HEALTHY RELATIONSHIPS DAY BY DAY**

A 40-DAY JOURNEY WITH THE DAILY OFFICE

BY PETER SCAZZERO

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2

READ ALL OF **EMOTIONALLY HEALTHY DISCIPLESHIP**  
**BEFORE THE FIRST SESSION**

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3

READ **CHURCH CULTURE REVOLUTION EBOOK**  
(DOWNLOAD FOR FREE)

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4

TAKE THE **EHS PERSONAL ASSESSMENT**

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AOTEAROA JULY-SEPT 2024

## Syllabus

### DURING THE COURSE

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- 1** ATTEND ALL 8 SESSIONS

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- 2** COMMIT TO THE DAILY OFFICE  
(SILENCE AND DEVOTIONALS 2 X DAILY)

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- 3** PRACTICE THE EH RELATIONSHIPS SKILLS BETWEEN SESSIONS

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- 4** COMPLETE WEEKLY PRE-READINGS FROM THE WORKBOOK  
AND REREAD WEEKLY CHAPTERS FROM EHD

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- 5** MEET 1-1 WITH YOUR TABLE LEADER AFTER SESSION 3  
AROUND YOUR GENOGRAM OUTSIDE OF COURSE TIME

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EMOTIONALLY HEALTHY RELATIONSHIPS FOR LEADERS  
AOTEAROA JULY-SEPT 2024

	DATE	SESSION	READ BEFORE THE SESSION	READ/PRACTICE AFTER THE SESSION
1	24 JULY 2024	Take Your Community Temperature Reading (CTR)	EHR Workbook: Session 1 EH Discipleship: Chapter 1	Day by Day: Week 1 Practice skills: 2-3 x this week
2	31 JULY 2024	Stop Mind Reading and Clarify Expectations	EHR Workbook: Session 2 EH Discipleship: Chapter 7	Day by Day: Week 2 Practice skills: 2-3 x this week
3	7 AUGUST 2024	Genogram Your Family	EHR Workbook: Session 3 EH Discipleship: Chapter 8	Day by Day: Week 3 Practice skills: 2-3 x this week Book a Genogram meeting time
4	14 AUGUST 2024	Explore the Iceberg	EHR Workbook: Session 4 EH Discipleship: Chapter 6	Day by Day: Week 4 Practice skills: 2-3 x this week
5	21 AUGUST 2024	Incarnational Listening	EHR Workbook: Session 5 EH Discipleship: Chapter 3	Day by Day: Week 5 Practice skills: 2-3 x this week
6	28 AUGUST 2024	Climb the Ladder of Integrity	EHR Workbook: Session 6 EH Discipleship: Chapter 4	Day by Day: Week 6 Practice skills: 2-3 x this week
7	4 SEPTEMBER 2024	Clean Fighting	EHR Workbook: Session 7 EH Discipleship: Chapter 9	Day by Day: Week 7 Practice skills: 2-3 x this week
8	11 SEPTEMBER 2024	Develop a 'Rule of Life' to Implement Emotionally Healthy Skills	EHR Workbook: Session 8 EH Discipleship: Chapter 5	Day by Day: Week 8 Practice skills: 2-3 x this week



# THE SCHOOL OF EMOTIONALLY HEALTHY LEADERSHIP AOTEAROA

EACH PARTICIPANT AT THE COMPLETION OF BOTH COURSES WILL:

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- 1** SLOW DOWN TO BE WITH JESUS IN SILENCE, STILLNESS, AND SCRIPTURE

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- 2** PRACTICE SABBATH DELIGHT AND RHYTHMS

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- 3** APPLY GENOGRAM THEOLOGY TO THEIR PERSONAL FORMATION AND LEADERSHIP, IDENTIFYING 1-2 SIGNIFICANT VULNERABILITIES/AREAS OF FOCUS

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- 4** TRANSFORM THE LEADERSHIP OF THEIR TEAM AND MINISTRY CULTURE BY MASTERING KEY EH RELATIONSHIP SKILLS (CTR, STOP MIND READING, CLARIFY EXPECTATIONS, EXPLORE THE ICEBERG, AND SPEAKING; AND BEGIN INTEGRATING INCARNATIONAL LISTENING, THE LADDER OF INTEGRITY, AND CLEAN FIGHTING)

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- 5** BE PRESENT WITH THEMSELVES, BECOMING AWARE OF THEIR INTERIOR WORLD (I.E. THEIR EMOTIONS AND THOUGHTS) IN ORDER TO DISCERN GOD'S WILL MORE CLEARLY

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- 6** TAKE FIRST STEPS TO REDEFINE THEIR 'LEADERSHIP SCORECARD FOR SUCCESS' IN ORDER TO LEAD FROM A DEEPER, MORE INTEGRATED PLACE IN GOD'S LOVE AND THEIR UNIQUE PERSONHOOD/CALLING

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- 7** LEAD THEIR TEAM, OUT OF THEIR LIVED EXPERIENCE, TO DISCIPLE OTHERS WHO WILL THEN DISCIPLE OTHERS