



'Act justly, love mercy, walk humbly': Noticing and naming our power

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Noticing and naming our power ... there is space below for recording your reflections on your own handling of power as we go through the session, or in later reflection.

Ways of thinking about power

- What forms of power are part of your role?
- What personal, relational, organizational and social factors affect how you manage the flow of power?

A framework for reflecting on power and formation: Telos, ethos and askesis (vision, values, practices)

- Telos. What ultimate goal/vision inspires you, in your relationships/work life, to manage power well?
- Ethos. In light of this, what values are particularly important in the way you manage the flow of power?
- What aspects of your approach to home/work relationships are genuinely dialogic, and which are more monologic? (Are you happy with the balance?)
- Askēsis. What practices in your life help you to keep naming and noticing your power, and to living justly, kindly and humbly?

Let the same mind be in you that was in Christ Jesus, so that even if your qualifications or your experience grant you the comfort of expertise, or your social context positions you with power, do not regard these privileges as entitlements to be exploited, but instead focus on the priority of love.

With the Spirit's help, encounter others as they are, not who you would prefer them to be, and risk vulnerability in offering yourselves to them as fellow humans, co-learners and companions in the journey toward life.

(Philippians 2 reframed)

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