# Bachelor of Counselling (BCouns)



level 7, 360 credits

## **Flexible Study Options**

Students can study towards the BCouns on campus in Henderson or Christchurch, with part-time options available.

Note: Some courses are available at Manukau campus.

# **Programme Requirements**

The BCouns is a three-year full-time (or part-time equivalent) programme. It is made up of 20 courses of 15 credits each and two courses of 30 credits each, at levels 5, 6 and 7.

Subject to NZQA approval, the courses will be:

Year	Theological Foundations	Counselling Theory and Practice	Practicum
1	<b>115.515</b> Reading the Bible <b>401.515</b> Formation	900.515 Foundations of Relational Practice (A) 901.515 Foundations of Relational Practice (B) 906.515 Personhood, Relationality & Faith 907.515 Bicultural Relationships 857.515 Human Development 910.515 Relational Psychology (A)	
2	<b>921.615</b> Theology of Suffering and Hope	902.615 Relational Theories & Practice (A) 903.615 Relational Theories & Practice (B) 911.615 Relationships & Family 913.615 Counselling Children & Young People 914.615 Relational Psychology (B)	<b>930.615</b> Professional Practice A <b>931.615</b> Professional Practice B
3		904.715 Integrated Practice (A) 905.715 Integrated Practice (B) 908.715 Counselling & Diversity 922.715 Special Focus in Counselling	<b>932.730</b> Practicum (A) <b>933.730</b> Practicum (B)
Credits	45 credits	225 credits	90 credits
TOTAL 360 CREDITS			

## **Year One Courses**

### 115.515 READING THE BIBLE

Approach the Bible from the perspective of biblical theology, which allows the Bible to tell its own story as a unified grand narrative that culminates in the person and work of Jesus Christ. Explore the unity, diversity, and central themes of the Bible to make sense of the relationship between the Bible, theology, and all of life.

## **401.515 FORMATION**

This course aims to help students' spiritual formation, through engagement with Scripture and a variety of Christian spiritual traditions, reflection on their own and others' foundational experiences, and the development of spiritual practices for life and vocation.

### 857.515 HUMAN DEVELOPMENT

A survey of contemporary understandings of human development in conversation with Christian theological descriptions of a human being.

# 900.515 FOUNDATIONS OF RELATIONAL PRACTICE (A)

The conviction that people are best understood as "persons-in-relationship" has implications for the therapeutic approach adopted by the counsellor. This course is the first of six that form a core counselling practice development stream through the Bachelor of Counselling. The course combines theological and theoretical reflection with skill development and group-process workshops. It begins to develop a set of core person-centred practices aimed at I-Thou engagement that emphasise the restoration of self-awareness and the enriching of dialogical relationships. Learn to integrate and apply theological reflection. Develop skills for working with biblical texts in appropriate leadership, church, mission, or community contexts.

# 901.515 FOUNDATIONS OF RELATIONAL PRACTICE (B)

Pre-requisite: 900

This second course in the core counselling practice development stream deepens the student's understanding of "persons-in-relationship", by combining theological and theoretical reflection, with deepening person-centred and associated skill development and group process workshops. It enriches the student's ability to consider such issues as anxiety and depression.

#### 906.515 PERSONHOOD, RELATIONALITY & FAITH

A foundational course introducing counselling as a therapeutic relational engagement that finds its context, and its goal, in knowledge of God and humanity drawn from the story of Christ. From this critical standpoint students will engage with a broad range of counselling theories and models of practice.

## 907.515 BICULTURAL RELATIONSHIPS

Students are introduced to personal and corporate responsibilities and obligations under the bicultural agreement Te Tiriti O Waitangi including ministry practices using Tikanga Maori and Te Reo Maori.

### 910.515 RELATIONAL PSYCHOLOGY A

Persons-in-relationship not only find their ultimate joy in relationships but also their deepest insecurities and brokenness. This course proposes a theoretical and theological framework that views brokenness in relationality as an important contributing factor to disorder. Upon this theoretical ground, the course introduces a range of human experiences including sexuality, grief, and depression that are foundational to counsellor understandings of how people heal and grow.

Please note: Not all courses are available at all locations or in all modes of delivery.

## **2022 Fees**

\$796.50 per 15-credit course

\$3,186 per semester full-time (4 courses, 60 credits)

\$6,372 for the full programme (8 courses, 120 credits)

Excludes Student Services fee of \$4 per credit. Please refer to Fee Schedule for more details (www. laidlaw.ac.nz/fees)

## **READY TO APPLY? ANY QUESTIONS?**

0800 999 777

info@laidlaw.ac.nz | www.laidlaw.ac.nz



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